

WholeBody Focusing with Glenn Fleisch, PhD., MFT

Vancouver BC, Canada

Saturday July 21 & Sunday July 22, 2012

Fees: \$300/ \$75 deposit

10 CECs awarded by CCPA {Canadian Counselors and Psychotherapy Association}

Glenn Fleisch, a Focusing Oriented Therapist with 28 years of practice, facilitates a refinement of and sensitivity to paired practice and group dynamics.

The July workshop is for Focusing professionals and students, as well as counselors with some experience in Focusing. For those with little Focusing background who are interested in the workshop, complimentary Focusing sessions and tutorials are available.

“In our living theatre, the Focusing process is expanded to include the whole group in active participation while holding space for what wants to emerge. We invite parts of self to be embodied and played out by others, and include others in our own Focusing experience – so that we have a direct embodied experiencing of receiving support, for example, or engaging in a missing sequence, etc. This has been a very powerful, moving and transformational process for all those involved. The Vancouver workshop will be a two day event – with the first day mainly emphasizing the inner process of resonant attunement and metabolizing reception through whole body awareness of self and other. The second day will expand to include movement outward into interaction in the field, including the theatre of the living soul-body.” – Glenn Fleisch

In addition to his private practice, Glenn has been researching and writing about experiential change and relational interaction in Focusing Oriented Therapy. Over many years, Glenn has worked with a variety of issues, specializing in anxiety, stress, addictions, depression and relational complexities. Glenn is very interested and excited by whole body processing in Focusing. Participants in the Vancouver workshop will experience a deeper understanding of the whole person including both inward felt sensing and outward expressiveness which activate energy and generate spontaneous, inner-directed movement.

For more information about the workshop:

<http://happybones.wordpress.com/wholebody-focusing/>

Contact:

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