



COME AND MEET

Author of "Reverse Parkinson's Disease"

John Pepper

featured in Dr. Norman Doidge's *The Brain's Way of Healing*, will be in Vancouver to demonstrate his unique way of managing Parkinson's symptoms.

These events are for those with Parkinson's Disease or other neurological disorders, caregivers, and anyone who wishes to learn John's innovative healthful daily living strategies.

Included will be discussion on how John Pepper's approach complements the Feldenkrais® Method of Somatic Education.

Richmond, BC

Sunday September 25, 2016

Richmond Library

2:30-3:30 PM

Vancouver, BC

Monday September 26, 2016

Thinking in Movement Studio

2:30-3:30 PM

Vancouver, BC

Tuesday September 27, 2016

VanCity Dunbar

2:30-3:30 PM

**Additional Events available
on Monday & Tuesday**

All Events are FREE

(Donations gratefully accepted to help cover an honorarium for John Pepper.)

Please be sure to register to reserve your seat.

Details & Registration:

**<http://thinkinginmovement.ca/john-pepper/>
or 604-263-9123**



Sponsored by:

