

WEEK 9 Amherst Year One 1980						
Date 1980	Session	Duration		Study Dates! June- August 2019	Theme	DVD Track
Aug 4	AM1	49		Mon & Wed May 27 & 29	Talk: Sense of inferiority	DVD 23T3
Aug 4	AM2	35		Mon & Wed June 3 & 5	ATM: Hand movement differentiation	DVD 23T3
Aug 4	AM3	43		Mon & Wed June 10 & 12	ATM: Playing fiddle with the elbows (part 1)	DVD 24T1
Aug 4	AM4	42		Mon & Wed June 17 & 19	ATM: Playing fiddle with the elbows (part 2)	DVD 24T1
Aug 5	AM1	43		Mon & Wed June 24 & 26	ATM: Differentiation of arms - sitting	DVD 24T2
Aug 5	AM2	81		Mon & Wed July 1 & 3	ATM: Differentiation of arms - lying (part 1)	DVD 24T3
Aug 5	AM3	25		Mon & Wed July 8 & 11	ATM: Differentiation of arms - lying (part 2)	DVD 24T3
Aug 6	AM1	57		Mon & Wed July 15 & 17,	Demonstration: The dance ATM: Pelvic lift with arms right and left	DVD 25T1
Aug 6	AM2	77			ATM: Right side arm and leg to to ceiling	DVD 25T2
Aug 6	AM3	44		Mon & Wed July 22 & 24	ATM: Full circles holding the legs	DVD 25T2
Aug 7	AM1	49		Mon & Wed July 29 & 31	Talk: What is health?	DVD 25T3
Aug 7	AM2	69		Mon & Wed Aug 5 & 7	Summary of lessons and principles (part 1)	DVD 25T3
Aug 7	AM3	53		Mon & Wed Aug 12 & 14,	Summary of lessons and principles (part 2)	DVD 26T1
				Mon & Wed Aug 19 & 21	Review	
				Mon & Wed Aug 26 & 28	Review	
Mon & Wed Aug 26 & 28 ~ complete WEEK 9 Amherst Year One 1980						
Mon & Wed Sept 9 & 11, 2019 ~ begin WEEK 1 Amherst Year Two 1981						