

A ready made wrap / fabric for wraps ~ July 3, 2020

Compiled by Katarina Halm

** Responding to Two questions:

1/ where can people currently purchase
a ready made wrap?

2/ where are the best current online sources
for fabric for wraps?

1/

"We have a store in the Seattle area that sells fabrics. That's where I bought fabric for the wraps. You can order online. I bought the plain cotton muslin. Check out the link below. It's called Joann Fabrics."

[https://www.google.com/search?](https://www.google.com/search?q=joann+fabrics&rlz=1C1CHBF_enUS857US857&oq=joannfabris&aqs=chrome.1.69i57j0l2j46l3j0j46.20374j0j7&sourceid=chrome&ie=UTF-8)

[q=joann+fabrics&rlz=1C1CHBF_enUS857US857&oq=joannfabris&aqs=chrome.1.69i57j0l2j46l3j0j46.20374j0j7&sourceid=chrome&ie=UTF-8](https://www.google.com/search?q=joann+fabrics&rlz=1C1CHBF_enUS857US857&oq=joannfabris&aqs=chrome.1.69i57j0l2j46l3j0j46.20374j0j7&sourceid=chrome&ie=UTF-8)

-- with appreciation to Viana Fox website viana-motion.com

2/

"Fabrics.com has a professional discount that is easy to get — especially if you are ordering lots of yardage.

100 % cotton is best. — as Gretchen noted.

double check if they ship to Canada."

-- with appreciation to Ellen Soloway

Assistant Trainer in The Feldenkrais Method®

4919 Pitt St., New Orleans, LA 70115

Cell # 504-908-5196, Land # 504-895-5196

<ellen@soloway-feldenkrais.com>

3/

"Unfortunately, JoAnne recently discounted Country Classic Solids. And they don't have anything in a comparable weight or price that I have been able to find. We just ordered a lot of wraps from Fabrics.com. We will see how well they serve us but the weight description is similar. Fingers crossed."

-- with appreciation to

Cynthia Allen, GCFP, STMI

Integral Human Gait Co-Creator

Senior Trainer in Movement Intelligence
Guild Certified Feldenkrais Practitioner
Bones for Life Trainer
FutureLifeNow.com
FutureLifeNow-Online.com
Telephone: (513) 541-5720

4/

"I bought all wraps from JoAnn Fabric. The brand is Country Classics, found in the quilters section. 100% cotton in an array of color. Every few months, the fabric is on sale for the original price I bought it at back in the early 2000s.

You can also order yardage at their website. Proper length is 7 meters or 7 yds, 21”.

I suggest cotton as the polyester is slippery, doesn't knot well and lighter in weight - which some preferred - especially when bearing weight on the head."

-- with appreciation to
Gretchen Langner
Senior Trainer Movement Intelligence
International Solutions Certification Chair
Guild Certified Feldenkrais Practitioner

5/

"For those in Canada, email katarina@thinkinginmovement.ca, for ready-made wraps"

-- with appreciation to Rosa who has many ready-made wraps.