



Katarina Halm's Thinking in Movement Studio

~ A Community for Study & Practice ~

BONES FOR LIFE®
at
THINKING IN
MOVEMENT STUDIO

Movement Intelligence
Teacher



Kim Reda-Wilson

Feldenkrais® Practitioner &
Movement Intelligence Trainer



Katarina Halm

Feldenkrais® Practitioner &
Movement Intelligence
Teacher



Marie-Paule Wiley

Bones for Life®

with Kim Reda-Wilson

Katarina Halm & Marie-Paule Wiley



January 17, 2022 - January 23, 2023

Enjoy Classes ~ Option to continue to Certification.

REGISTRATION



Mondays
9:30 am - 10:45 am Pacific

BFL® 2 Bones for Life® #31-60
May 23 - Sept 19, 2022

BFL® 1 Bones for Life® 1-30
Jan 17- May 16, 2022

BFL® 3 Bones for Life® 61-90
Sept 26, 2022 - Jan 23, 2023

TUITION

\$150 BFL 1 (22.5 hours)

\$150 BFL 3 (22.5 hours)

\$150 BFL 2 (22.5 hours)

\$15 Drop-in by prior arrangement

Work study scholarships available

welcoming your questions or wishes

<https://thinkinginmovement.ca/contact/> katarina@thinkinginmovement.ca



RUTHY ALON

Founder of Movement Intelligence®

“Movement as nature meant.”

“Biological optimism.”

Foundation of Movement Intelligence (FMI) • 2021 FMI Membership Directory • Bones for Life®

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Bones for Life® is a registered mark of Ruthy Alon, Ph.D FMI is a 501(c)(3) founded in the state of Maine in 2007 operating with tax-exempt EIN 14-1996888 under the IRS category "E50" — Rehabilitative Medical Services. We support the growth of Movement Intelligence in North America, including Bones for Life® — a program created by Ruthy Alon and trademarked in the US in August 2004 under patent #2,874,949 as "Health-related movement classes for achieving improved flexibility and bone strength." In Canada the registered trademark [Sept. 2006] is No. 672,566. FMI's mailing address: 22 Monument Square, Suite 501, Portland, ME 04101 | Telephone: (207) 239-0260 | Email: info@movementintelligence.org