

PROCESS chart for EATT ASSESSMENT & Neuroception of Psychological Safety Scale (NPSS) /PROJECT 2023 .numbers

Date & Time	Notes	FOCUSER/ Client EXPERIENCE	LISTENER / Therapist RESPONSE	LISTENER/ Therapist FELT SENSE	EATT COMPONENT	FOT STRATEGIES	ADDITIONAL MODALITIES
https://docs.google.com/spreadsheets/d/17VCUooXSye2n2oPEPQ5VE1tgWFxwqEK9bPYArchyLxM/edit#gid=0 DAILY IMPROVEMENT 2023							
	Page 4 EATT 2022/ or NPSS	Page 4 EATT 2022	Page 4 EATT 2022	Page 4 EATT 2022	Page 4 EATT 2022 009193	Page 4 EATT 2022 945200	Page 4 EATT 2022 9437FF
DREAM THUR JAN 5, 2023							
DREAM FRI JAN 6, 2023							
DREAM SAT JAN 7, 2023	Orienting to the FSPM Resourcing	DREAM STORY Katarina the leaves of money one hundred and five the same colour as the five ... some conflicting / dream people Gary of TaiChi / relating to the DellaGrotte project /	<p>The tiny leaves of money all in a row // awake to finding a way to have them safe and well arranged ...</p> <p>Abject severance for ancient symbols / cognitive dissonance/ Moshe know what you do to do what you want and what is missing that then denies the dream</p>	<p>a definite sense of pausing .. // DellaGrotte project just follow through what is already in place and not reach out anymore .. // PAUSE is the felt sense // Marian reading Vision AY “RESTS as COUNTERPOINT”!!</p> <p>Zhiwei Li Focusing today from Kelowna training ... found surrounding thoughts disturbing her calm ..</p>	The Felt Sense Polyvagal Model	Orienting to the FSPM Resourcing	Internal Family Systems

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TUESDAY Dec 20, 2022 JR M, Katarina	Finding the Right Distance	Katarina often a bit too close to the screen / JR between too close and too far away / M just the right distance with listening rather than looking at the screen	Katarina - beautiful varied responses, helping to diffuse some concern about actually working with this chart	Katarina - saving grace of complexity	The Experiencing Scale	Finding the Right Distance	Somatic Experiencing
					The Felt Sense Polyvagal Dialogue	Grounded Aware Presence	.& more

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JT & K PRACTICE Dec 21/22, 2022	Grounded Aware Presence	Reading Gendlin and listening to informal audio / working with clients “inwardly arising life forward direction is more important than ...	In a way your Monday set aside may be a little step from this reading / Jen says yes that is what came inside me	Oh now I can just breathe		Grounded Aware Presence	
TUESDAY Dec 20, 2022 JR, M, Katarina	Engaging the Relational Felt Sense	Katarina stepped through many preparatory moves before we could actually begin... read from W. Coburn / J / M	Katarina - we were patient and kind and very considerate!	Katarina - historical aspect growing steadily in our project	The Three Circles The Trauma Egg	Engaging the Relational Felt Sense	Bones for Life®
					The Nine Domains of Integration	Revolutionary Pause	Sounder Sleep System®

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					The Privilege Wheel Specific Concerns	The Focusing Attitude	
						Working With Parts	
		The Felt Sense Polyvagal Model	Orienting to the FSPM Resourcing	Internal Family Systems			
		The Experiencing Scale	Finding the Right Distance	Somatic Experiencing			
		The Felt Sense Polyvagal Dialogue	Grounded Aware Presence	.& more			
		The Three Circles The Trauma Egg	Engaging the Relational Felt Sense	Bones for Life®			

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		The Nine Domains of Integration	Revolutionary Pause	Sounder Sleep System®			
		The Privilege Wheel Specific Concerns	The Focusing Attitude				
			Working With Parts				

NPSS Neuroception of Psychological Safety Scale
BBC Sensory Scales Parent_Child Form v2.pdf

NPSS Neuroception of Psychological Safety Scale
BBC Sensory Scales Scoring 12.31.19.docx BBCSS Adult Form_self report_brief v2.pdf
Kolacz et al. (2018) BBCSS Psychometric Analysis.pdf

NPSS Neuroception of Psychological Safety Scale
NPSS General Form.pdf
NPSS Context- Specific Form.pdfNPSS Manual 8.1.22.pdf
NPSS Psychometrics.pd f

NPSS Neuroception of Psychological Safety Scale
Purpose in Life Scale.pdf Purpose in Life Short Scoring (12 Item).pdf

NPSS Neuroception of Psychological Safety Scale