

WEEK 9 Amherst Year One 1980				
Date 1980	Session	Duration	Theme	DVD Track
Aug 4	AM1	49	Talk: Sense of inferiority	DVD 23T3
Aug 4	AM2	35	ATM: Hand movement differentiation	DVD 23T3
Aug 4	AM3	43	ATM: Playing fiddle with the elbows (part 1)	DVD 24T1
Aug 4	AM4	42	ATM: Playing fiddle with the elbows (part 2)	DVD 24T1
Aug 5	AM1	43	ATM: Differentiation of arms - sitting	DVD 24T2
Aug 5	AM2	81	ATM: Differentiation of arms - lying (part 1)	DVD 24T3
Aug 5	AM3	25	ATM: Differentiation of arms - lying (part 2)	DVD 24T3
Aug 6	AM1	57	Demonstration: The dance ATM: Pelvic lift with arms right and left	DVD 25T1
Aug 6	AM2	77	ATM: Right side arm and leg to to ceiling	DVD 25T2
Aug 6	AM3	44	ATM: Full circles holding the legs	DVD 25T2
Aug 7	AM1	49	Talk: What is health?	DVD 25T3
Aug 7	AM2	69	Summary of lessons and principles (part 1)	DVD 25T3
Aug 7	AM3	53	Summary of lessons and principles (part 2)	DVD 26T1
			Review	
			Review	
Mon & Wed Aug 26 & 28 ~ complete WEEK 9 Amherst Year One 1980				
Mon & Wed Sept 9 & 11, 2019 ~ begin WEEK 1 Amherst Year Two 1981				