

2021-2023 Bones for Life® at Thinking in Movement Studio - Movement Intelligence [MI] Certification Training Hours																														
				Series A & B Additional Individual Didactic (30 hours)																										
			Series B Concerted Didactic Group (22.5 hours)																											
		Series B BFL® 3 Bones for Life® 61–90 Sept 30, 2022 – Jan 27, 2023 (22.5 hours)																												
	Series B BFL® 2 Bones for Life® 31–60 May 27 – Sept 23, 2022 (22.5 hours)																													
Series B BFL® 1 Bones for Life® 1–30 Jan 21 – May 20, 2022 (22.5 hours)					Series A Combo BFL® 1, 2, 3 including Didactic Jan 2021 – Jan 3, 2022 (90 hours)																									
Series A & B Didactic * 30 hours Additional Individual Didactic (30 hours) * 22.5 hours Concerted Didactic part of Series B separate from the 90 Processes * 22.5 hours Integrated Didactic part of Series A interwoven with the 90 Processes																														
Series B 90 hours for the processes BFL® 1, 2, 3 with Integrated Didactic plus 22.5 hours Concerted Didactic Jan 21 – May 20, 2022 / May 27 – Sept 23, 2022 / Sept 30 2022 – Jan 27, 2023 (67.5 total hours for the BFL 1, 2, 3, / Three times 22.5 hours plus 22.5 hours Concerted Didactic to total 90 hours)																														
Series A BFL® 1, 2, 3 with Integrated Didactic Series A Jan 2021 – Jan 3, 2022 (90 hours)																														
Series A+B 180 hours (90+90 hours) BFL® 1, 2, 3 processes with Integrated Didactic * Series A Jan 2021 – Jan 3, 2022 (90 hours) + * Series B Jan 21 – May 20, 2022 / May 27 – Sept 23, 2022 / Sept 30 2022 – Jan 27, 2023 (90 hours) * * 30 hours Individual Extra Didactic for Series A plus B (30 hours) * 210 hours total for certification (90 plus 90 plus 30)																														
Excerpt from Movement Intelligence [MI] Certification — Training Hours https://movementintelligence.org/wp-content/uploads/2018/05/MI_Certification.pdf																														
		<table><tr><td></td><td colspan="5">Movement Intelligence [MI] Certification — Tra</td></tr><tr><td>Participants</td><td>Basic Program</td><td>Advanced Study †</td><td>MI Program ††††</td><td>Didactic Teacher Training</td><td>Certified TEACHER</td></tr><tr><td colspan="6">Bones for Life</td></tr><tr><td>Non-BFL Graduates</td><td>60 [90 Processes]</td><td>60 [90 Processes]</td><td></td><td>30 + 24 Mentoring + 36 Practice Teaching ††</td><td>210</td></tr></table>					Movement Intelligence [MI] Certification — Tra					Participants	Basic Program	Advanced Study †	MI Program ††††	Didactic Teacher Training	Certified TEACHER	Bones for Life						Non-BFL Graduates	60 [90 Processes]	60 [90 Processes]		30 + 24 Mentoring + 36 Practice Teaching ††	210	
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