

In a Nutshell: Help for Helpers & Studio Discussion

THREE CLIPS

* Help for Helpers; Charles Herr, July 3, 2023

https://youtu.be/w4y17uByv_c

* Help for Helpers; The Concept of Life with Gisela Uhl, July 4, 2022

<https://www.youtube.com/watch?v=ura2IO33LWc>

* Help for Helpers meeting on July 17, 2023:

https://youtube.com/playlist?list=PLIFGjfFRNXb_6Uj8UHeRq1azCjvffW-nw

Help for Helpers youtube channel with recordings of the meetings:

<https://www.youtube.com/channel/UCRc14k8fFbFCdrbrPzjLwOg>

Playlist

https://www.youtube.com/playlist?list=PLIFGjfFRNXb_6Uj8UHeRq1azCjvffW-nw

Lynn Preston's youtube channel, where recordings continue to be published:

<https://www.youtube.com/c/FocusingRelationalPsychotherapy>

SLIDE:

[“Politics in Relation to Psychological and Spiritual Awareness,” Gendlin 1978, p. 1. SLIDE for Gisela 2022 07 04 and 2023 07 24](#)

STUDIO PAGES:

Below are links to videos and discussion pages where we continue to update the references and writing~ we welcome your comments and questions!

* July 4, 2022, The Concept of Life with Gisela Uhl

Video <https://www.youtube.com/watch?v=ura2IO33LWc>

Gisela Uhl “The concept of Life – with comments about Aristotle, Gendlin’s Process Model, and Human Life as inherently political” J

Discussion page <https://thinkinginmovement.ca/gisela-uhl-life-aristotle-gendlin-2022/>

* July 11, 2022, Liberation Focusing with Dave Young

Video <https://www.youtube.com/watch?v=MBo6D4r7qN0>

Discussion page <https://thinkinginmovement.ca/dave-young-liberation-focusing-2022/>

* August 1, 2022, Mike McCullough “Self Organizing of Growing and Perceiving” Gendlin-Aristotle /A Complexity Theory of Power

Video <https://www.youtube.com/watch?v=Fnp3p8-YqN4>

Discussion page <https://thinkinginmovement.ca/mike-mccullough-self-organizing-of-growing-and-perceiving-2022/>

TEXT GENDLIN-ARISTOTLE

Line by Line Commentary on Aristotle's De Anima Eugene T. Gendlin, Ph.D. University of Chicago Copyright © 2012 by Eugene T. Gendlin Published by the Focusing Institute.

Introduction, Books I and II

[PDF] NEW TEXT LINK <https://focusing.org/sites/default/files/upload/2022-11/>

[Book%201%20and%202%20-](#)

[%20Line%20By%20Line%20Commentary%20On%20Aristotle%27s%20De%20Anima.pdf](#)

Informal TOC (KH)~ [Table of Endnotes Line by Line Commentary on Aristotle's De Anima Eugene T. Gendlin.](#)

We welcome you to join us for Help for Helpers every Monday at 8:15 New York time:

ZOOM LINK Help for Helpers: with Lynn Preston <https://us02web.zoom.us/j/91630143362?pwd=OUNQaDQ0NnVCcG92dkp0TkwzUExldz09>

Meeting ID: 916 3014 3362 Passcode: FOCUS
