

***Encouraging Autonomy / Empowering Autonomy - Ralph Strauch (2009/2013)**

“I see the core of Moshé's teaching as encouraging autonomy – teaching us to look within ourselves for answers rather than seeking them from any external authority, including him, and guiding us to acquire the skills needed to assure that the answers we find in ourselves will be good ones. The objective of ATM®, for example, is not to learn the "right" way to act, but to become aware and sensitive enough to allow appropriate forms of action to emerge organically for us. We should explore ways of more fully applying this principle in other aspects of our work and lives, and in the ways we train others to continue that work” — R. Strauch, personal communication Yachats planning group, November 4, 2013

Ralph Strauch explores this idea in greater depth at his (2009) article soon to be sourced [Empowering Autonomy](#)