

“One cannot solve a problem any old way. There cannot be a feedback object, a carrying forward of a complexity any old way.

The CHANGE in the FORMATION is not the same as the change inherent in feeling the direct referent once it is there. The formation is murky—then suddenly the FURTHER formation is what the direct referent FALLS OUT FROM as a stable object or datum. For some seconds or minutes sometimes months, the falling out does not occur. It is nothing like turning and reflecting on what is there waiting. It is a very special formation. When it falls out, every bit of that sequence is exactly what the previous bit required, and the object made by that sequence is a PERFECT FEEDBACK OBJECT.” (emphasis added KH)

– Eugene Gendlin, A Process Model (1997 d)
Relevance and Perfect Feedback Object